

Zillah School District

March Menu

Zillah Middle School

Washington School Nutrition Programs
We serve education programs everyday

Zillah School District is an equal opportunity provider.

Fresh Fruit and Fresh Vegetables are part of our daily Zillah Middle School Menu.

We serve whole grain (WG) breads. We purchase trans-fat free crackers and chips. We reserve the right to change the menu when needed. Menu prepared by Kathryn Bruhn, Food Services Programs Supervisor, Dietary Manager

Please make checks payable to Zillah Lunch Fund

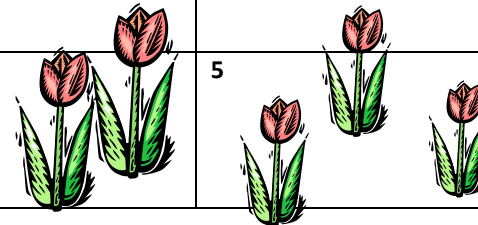
Breakfast Prices \$2.00 Adult is \$2.50
Reduced breakfast is no charge because of funds from a State Grant.

Lunch \$ 3.00 Reduced .40
Adults 3.50 Milk .50

Breakfast and Lunches are served with eight fluid ounces of white 1% or chocolate non-fat milk.



<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>
4 French Toast Stix Fruit & Juice Chicken Nuggets Garlic Toast Mashed Potatoes Salad & Veggies Orange & Fruit mix	5 Blueberry Muffin Fruit cup & Juice WG Corn Dog Chips Golden Corn Cookie Salad & Veggies Pear & Applesauce cup	6 Sausage Egg Slider Fruit or Fruit Cup Hamburger wg bun Baked Fries Salad & Veggies Grapes & Pineapple	7 Sausage Pup Fruit & Dried Cherries Nachos w/cheese sauce Chili Salad & Veggies Apple & Fruit cup	8 District Directed work day-Non student day
11 Egg Wrap Fruit & Juice Pepperoni Pizza Salad & Veggies Orange & Fruit mix Pudding	12 Breakfast Pizza Fruit & Juice Beef Taco Spanish Rice Salsa Salad & Veggies Pear & Pineapple	13 Yogurt or Bagel Fruit & Fruit cup Chicken burger wg bun Baked Fries Salad & Veggies Banana & Pears	14 Banana Bread Fruit & Fruit cup Sub Sandwich wg bun Chips Salad & Veggies Fruit cup & Fresh Fruit	15 Funnel Cake Fruit & Craisins Italian Dunkers Sauce Chef Salad & Veggies Orange & Peach cup
18 Breakfast Pizza Fruit & Juice Chicken Nuggets Roll Macaroni & cheese Salad & Veggies Apple & Pear cup	19 Bagel w/cc Fruit cup & Juice Ravioli Bread Stick Salad & Veggies Orange & Peaches Jello	20 Yogurt or Cheesy sticks Fruit & craisins Hot Dog wg bun Chili Salad & Veggies Banana & Applesauce	21 Sausage & Egg Slider Fruit & Fruit cup Hamburger wg bun Baked Fries Salad & Veggies Apple & Fruit Salad	22 WG Donut Fruit slices or Fruit cup Fish Sticks or Beef Burrito Chef Salad & Veggies Pear & Fruit cup Ice Cream Sandwich
25 Cereal Bar Fruit & Juice Pepperoni Pizza Salad & Veggies Grapes & Fruit Mix Cookie	26 Cook's Choice Fruit & Juice Taco Quesadilla Salad & Veggies Fresh Fruit & Pears	27 Cook's choice Fruit & Juice Chicken Burger wg bun Chips Salad & Veggies Fresh Fruit & Applesauce	28 Parent/Teacher Conferences	29 Parent/Teacher Conferences
April 1 Spring Break	2	3	4	5



Spring Break April 1-5th