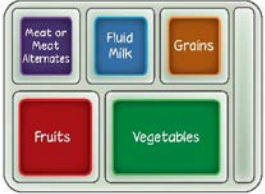




Build a Healthy Lunch



Zillah Schools

December Menu

<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>
<p>3 Chorizo Burrito or Cereal w/cracker Juice</p> <p>Pepperoni Pizza Carrots & Cauliflower-dip Fruit Mix & Orange</p>	<p>4 WG Honey Bun or Cereal Fresh Fruit & Juice</p> <p>Beef Taco Bread Stick Rice Salsa Carrots & Broccoli-dip Fresh Pear & Applesauce Cup</p>	<p>5 Yogurt & granola or Cereal Fruit & fruit cup</p> <p>Rib Burger wg bun Baked Fries Cucumbers Cauliflower/dip Fresh Apple & Pineapple Cup</p>	<p>6 Sausage & Egg Biscuit or Cereal Fruit & slices</p> <p>Turkey Gravy w/potatoes Roll Veggies Satsuma & Peaches Jello</p>	<p>7 Bagel w/cc or Cereal Fruit & Fruit cup</p> <p>Hot Dog wg bun Chili Celery & Chef Salad Orange & Fruit Mix</p>
<p>10 Sausage pup or Cereal & Crackers Fruit & Juice</p> <p>Italian Dunkers Sauce Carrots & Cauliflower-dip Fruit mix & Oranges Pudding</p>	<p>11 UBR cookie or Cereal Fruit & Juice</p> <p>Chicken Burger wg bun Baked Fries Celery & Corn Fresh Apple & Peaches</p>	<p>12 Yogurt & Granola or Cereal Fruit & fruit cup</p> <p>WG Corndog Baked Beans Carrots & Broccoli-dip Cookie Banana & Pineapple</p>	<p>13 French Toast Sticks or Cereal/Fruit/ fruit cup</p> <p>Sub Sandwich Chips Pickles & Tomatoes Fresh Pear & Peaches</p>	<p>14 Funnel Cake or cereal Fruit Cup or Slices</p> <p>Cheese Pizza Carrots & Cauliflower Fruit cup & Pears</p>
<p>17 Happy Holidays ! School is out on December 17th and resumes January 2nd</p>		<p>Jan 2 Cereal Bar or Cereal Fruit & fruit juice</p> <p>Pepperoni Pizza Salad & Broccoli Dressing Orange & Peaches Fruit Roll-up</p>	<p>Jan 3 Sausage pup or Cereal Fruit or fruit cup</p> <p>WG Corn Dog Chips Carrots & Cauliflower Apple & Pineapple</p>	<p>Jan 4 Banana Bread or Cereal Fruit & Fruit cup</p> <p>Cheese Taco Quesadilla Salad & Tomatoes Cookie Satsuma & Fruit cup</p>
				

Zillah Middle School
Washington School Nutrition
Programs
We Serve education
Programs everyday

Zillah School District is an equal opportunity provider. Please make checks payable to Zillah Lunch Fund.

Fresh Fruit and Fresh Vegetables are part of our weekly Zillah Middle School Menu.

We serve Whole Grain (WG) Breads everyday. Zillah SD does not buy crackers or chips with Trans Fats. We reserve the right to change the menu when needed.

Menu prepared by Kathryn Bruhn
Food Services Programs
Supervisor, Dietary Manager

Breakfast Prices \$2.00

Reduced breakfast is no charge

Adult price \$2.25

Lunch \$ 3.00 Reduced .40

Adults 3.50 Milk .50

Breakfast and Lunches are served with eight fluid ounces of 1% white or non-fat chocolate milk.

