

# ZILLAH MEALS

APRIL APRIL MEALS MEALS



<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>
<b>9</b> Cereal Bar or Cereal Fruit or Juice  Chicken Nuggets Roll Mashed Potatoes Broccoli & Carrots -dip Orange or Peaches	<b>10</b> Breakfast Pizza Fresh Fruit or Juice  Beef Taco Snack Cookie Carrots & Cherry Tomato Banana or Pears	<b>11</b> Yogurt & Granola Fruit cup or Fruit  Pepperoni Pizza Pudding Romaine & Cauliflower Apple or Fruit Mix	<b>12</b> Sausage Egg Biscuit Fresh Fruit or Juice  Mini Cheese burgers Baked Tater Tots Cucumbers & dip Kiwi or Fruit Mix	<b>13</b> Funnel Cake Fresh Fruit or Craisins  Italian Dunkers Sauce Chef Salad w/Romaine Snap Peas & dip Banana or Fruit Mix
<b>16</b> WG Honey Bun Fresh Fruit or Juice  Beef Nuggets Cheese Toast Baker Potatoes Broccoli & Carrots -dip Orange or Peaches	<b>17</b> Banana Bread Fresh Fruit or Juice  Beef Taco Proball Carrots & Cauliflower w/dip Grapes or Pears	<b>18</b> Yogurt & Granola Fruit cup or Fresh Fruit  Chicken Burger wg bun Baked Fries Celery-dip Banana or Fruit Mix Ice Cream Sandwich	<b>19</b> Breakfast Bagel Fruit cup or Fresh Fruit  Sweet & Sour Chicken w/Rice Bread Stick Cucumber & Snap Peas Grapes or Pineapple	<b>20</b> Bagel W/cc Fresh Fruit or Craisins  Hot Dog wg bun Chili Chef Salad w/ Romaine Applesauce Cup or Fresh Fruit
<b>23</b> Sausage Pup/Syrup Fresh Fruit or Juice  Pepperoni Pizza Broccoli & Carrot w/dip Satsuma or Applesauce	<b>24</b> Churros w/apple Fresh Fruit or Juice  WG Corn dog Baked beans Carrots-Dip Orange or Pears	<b>25</b> Blueberry Muffin Fruit cup or Fresh Fruit  Beef Burrito Chips Cucumbers & Snap Peas Cauliflower & dip Banana or Fruit Mix	<b>26</b> Sausage Egg Biscuit Fruit cup or Fresh Fruit  Hamburger wg bun Baked Fries Apple or Peaches Cookie	<b>27</b> Breakfast Burrito Fruit cup or Fresh Fruit  Nachos w/cheese sauce Red Peppers & Chef Salad Plum or Pineapple Jello
<b>30</b> French Toast Stix Fresh Fruit or Juice  Chicken Nuggets Roll Mashed Potatoes Cauliflower & Carrot -dip Apple or Pears	<b>May 1</b>	<b>May 2</b>	<b>May 3</b>	<b>May 4</b>

## Zillah Middle School

Washington School Nutrition Programs  
We serve education programs everyday

Zillah School District is an equal opportunity provider. Please make payments out to Zillah Lunch Fund.

Fresh Fruit and Fresh Vegetables are part of our daily Zillah Middle School Menu.

We serve whole grain (WG) breads. We purchase trans-fat free crackers and chips. We reserve the right to change the menu when needed. Menu prepared by Kathryn Bruhn, Food Services Programs Supervisor, Dietary Manager

Breakfast Prices \$2.00 Adult \$2.25  
Reduced breakfast is no charge because of funds from a State Grant for Students.

Lunch \$ 3.00 Reduced .40  
Adults 3.50 Milk .50

Breakfast and Lunches are served with eight fluid ounces of white 1 % or chocolate non-fat milk.

