

Zillah Schools

March Menu

Zillah Intermediate School

Washington School Nutrition Programs
We serve education programs everyday



Make Checks payable to Zillah Lunch Fund

Zillah School District is an equal opportunity provider.

We serve whole grain (WG) breads. We purchase trans-fat free crackers and chips. We reserve the right to change the menu when needed. Menu prepared by
Kathryn Bruhn, Food Services Programs Supervisor, Dietary Manager

Breakfast Price \$2.00 Adult is \$2.50
Reduced breakfast is no charge because of funds from a State Grant.
Lunch \$ 2.85 Reduced .40
Adults 3.50 Milk .50
Breakfast and Lunches are served with eight fluid ounce of 1 % or nonfat chocolate milk.



<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>
4 Cinnamon Flakes Cereal & crackers Juice & fruit Chicken Nuggets Romaine & Carrot --dip Orange & Peach cup	5 Sausage Pup Juice & fruit Hamburger Wg bun Baby Baker Potatoes Pickles Cauliflower & dip Banana & Pears	6 Egg Wrap Fresh Fruit & Strawberry cup French toast Sticks Sausage Links Carrots & Cucumber -dip Grapes & Pineapple chunks	7 Cheerios Cereal & wg Toast Fruit & Craisins Toasted cheese sandwich Tomato Soup Snap Peas & Broccoli- dip Apple & Fruit Mix	8 District Directed Day-Non student day
11 Lucky Charms Cereal & crackers Juice & fruit Pepperoni Pizza Sherbert cup Carrots --dip Romaine Apple & Pineapple	12 Wg Blueberry muffin Juice & fruit Bean & Cheese Burrito Golden Corn Carrots & Celery w/dip Pear & Fruit Mix	13 Smoothie & crackers Fresh Fruit & Fruit cup Sloppy Joe Wg bun Baked Fries Cucumbers w/dip Pear & Applesauce	14 Breakfast Pizza Fresh Fruit & Fruit slices Turkey Sandwich Soup Cauliflower/dip Chips Fruit cup & Kiwi	15 Trix Cereal & wg Toast Fruit & Raisins Italian Dunkers Sauce Snap peas & Broccoli /Dip Orange & Peaches
18 Cocoa Puffs Cereal & Crackers Juice & fruit Chicken Nuggets Roll Carrots & Cucumbers Apple & Peaches Cookie	19 Breakfast Bagel Juice & fruit Hot Dog wg bun Chili Beans Broccoli & Carrots - dip Orange & Applesauce cup	20 Yogurt & crackers Fresh Fruit & Dried Fruit Chicken Burger wg bun Baked Tater tots Cucumbers w/dip Banana & Pineapple Cookie	21 Sausage Pup Fresh Fruit & Fruit slices Taco Quesadilla Golden Corn Cauliflower w/dip Grapes & Pears	22 Cinnamon Toast Cereal & wg Toast Fruit & Craisins Fish Sticks w/crackers Celery & Broccoli Apple & Fruit salad Ice Cream sandwich bar
25 Cinnamon Flakes Cereal & Crackers Fruit & Fruit Juice Pepperoni Pizza Round Romaine & Cucumbers w/ dip Orange & Pineapple	26 Cook's choice Juice & fruit Beef Taco Snack Broccoli & Carrots w/dip Fruit cup & Pears Birthday Treat	27 Cook's Choice Fresh Fruit & Dried Fruit Chicken Burger Chips Cauliflower & Carrots w/dip Peaches & Apple	28 Parent/Teacher Conferences 	March 29 Spring Break April 1-7, 2018 
April 1	April 2	April 3	April 4	April 5