

# Zillah School District February Menu

## Zillah Intermediate School

Washington School Nutrition  
Programs  
We serve Education everyday

Zillah School District is an equal  
opportunity provider.  
Please make checks payable to Zillah  
Lunch Fund

We serve Whole Grain (WG) Breads  
every week. Zillah SD does not buy  
crackers or chips with Trans Fats. We  
reserve the right to change the menu  
when needed.

Menu prepared by Kathryn Bruhn  
Food Services Programs  
Supervisor, Dietary Manager

Breakfast Prices \$2.00  
Reduced breakfast is no charge because  
of a State Grant  
Adult price \$2.25

Lunch \$ 2.85 Reduced .40  
Adults 3.50 Milk .50  
Breakfast and Lunches are served with  
eight fluid ounces of 1% white or non-  
fat chocolate milk.



<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>
				1 Cheerios Cereal & WG Toast Fruit & raisins  Grilled Cheese Sandwich Soup Cauliflower & Carrots w/dip Pear & Peach cup
4 Trix Cereal & Crackers Fruit Juice & fruit  Chicken Nuggets Crackers Carrots & Broccoli-dip Orange & Peaches	5 Breakfast Pizza Fruit Juice & fruit  WG Corn Dog Cucumbers w/dip Baked Beans Banana & Applesauce	6 Yogurt & Crackers Fruit Slices & fresh fruit  Maple Waffles Sausage Links Carrots & Cauliflower Pear & Strawberry cup	7 Sausage Pup Raisins & Fruit or fruit cup  Bean & Cheese Burrito Snap Peas & Dip Salsa Fruit mix & Pear Cookie	8 Cocoa Puff Cereal & wg toast Dried Fruit & Fruit  Turkey & Cheese sandwich Celery & Vegetable soup Apple & Pears
11 Cinnamon Cereal & Crackers Fruit Juice/ fruit  Pizza Round Carrots & Broccoli w/dip Pudding Fruit Cup & Apple	12 French Toast Fruit Juice & fruit slices  Cheese Quesadilla Chips Cauliflower & Carrots w/dip Banana & Peaches	13 Sausage link/ wg Toast Fruit Juice & fruit  Chicken Burger wg bun Baby Potatoes Snap peas & dip Apple & Fruit Mix	14 Blueberry Muffin Fruit Slices & fresh fruit  Hot Dog Wg bun w/chili Cucumbers & dip Orange & Pears	15 <b>No School District Directed Day</b>
18 <b>No School Presidents Day</b>	19 Lucky Charms Cereal & Crackers Fruit Juice & fruit  Chicken Nuggets Crackers Cauliflower & Carrots w/dip Apple & Peaches	20 Yogurt & Crackers Fruit Slices & fresh fruit  WG Corn Dog Baked Beans Broccoli & Carrots Banana & Fruit Mix	21 Breakfast Pizza Fruit & Craisins  Mini Cheese burger w/bun Baked Fries & Pickles Applesauce cup & Orange	22 Cinnamon Flakes Cereal & WG Toast Fruit  Italian Dunkers Sauce Romaine & Snap Peas w/dip Fruit Roll-up Grapes & Pears
25 Cheerios Cereal Crackers Juice & fruit  Pepperoni Pizza Pocket Broccoli & Carrots Orange & Peaches Pudding	26 Breakfast Bagel Fruit Juice & fruit  Beef Taco Breadstick Cauliflower & Tomatoes Banana & Applesauce	27 Cheese & Egg Slider Fruit Juice & Fruit  Chicken Burger wg bun Celery & Baby Potatoes Fruit mix & Pear Cookie	28 Waffle Fruit & Fruit cup  Cheese Quesadilla Cucumbers & Carrots Pineapple & Grapes	<b>March 1</b> Trix Cereal WG Toast Fruit & fruit cup  Turkey Sandwich Chips Snap Peas & Broccoli Apple & Pears