

Zillah School District February Menu

<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>
Jan 29 Cereal & Crackers Fruit Juice & fruit Pepperoni Pizza Cookie Broccoli & Carrots w/dip Apple & Pears	Jan 30 Breakfast Bagel Fruit Juice & fruit Hot dog Wg bun w/Chili Cauliflower & Ranch Banana & Applesauce	Jan 31 Sausage & wg Toast Fruit Slices & fruit Mini Cheese burger w/bun Potato Smiles Celery Orange & Peaches	1 Breakfast Wrap w/ Strawberry cup Beef Taco Snack Chips Cucumbers & Carrots Pineapple & Grapes	2 Cereal & WG Toast Fresh Fruit & craisins Sub Sandwich Chips Soup Cauliflower & Carrots w/dip Pear & Peach cup
5 Cereal & Crackers Fruit Juice & fruit Beef Nuggets Proboll Carrots & Broccoli-dip Orange & Peaches	6 Breakfast Pizza Fruit Juice & fruit WG Corn Dog Cucumbers w/dip Baked Beans Banana & Applesauce	7 Yogurt & Crackers Fruit Slices & fresh fruit French Toast Stix Sausage patties Carrots & Cauliflower Pear & Strawberry cup	8 Sausage Pup Raisins & Fruit or fruit cup Bean & Cheese Burrito Snap Peas & Dip Salsa Fruit mix & Pear	9 Cereal & wg toast Dried Fruit & Fruit cup Pretzel w/cheese & Ham Celery & Vegetable soup Apple & Pears
12 Cereal & Crackers Fruit Juice & fruit Pizza Round Carrots & Cauliflower w/dip Fruit Cup & Apple	13 French Toast Fruit Juice & fruit slices Cheese Quesadilla Chips Cauliflower & Carrots w/dip Banana & Peaches	14 Sausage link/ wg Toast Fruit Juice & fruit Chicken Burger wg bun Baby Potatoes Broccoli & dip Apple & Fruit Mix	15 Blueberry Muffin Fruit Slices & fresh fruit Hot Dog Wg bun w/chili Cucumbers & dip Orange & Pears	16 No School District Directed Day
19 No School Presidents Day	20 Cereal & Crackers Fruit Juice & fruit Chicken Nuggets Crackers Cauliflower & Carrots w/dip Apple & Peaches	21 Yogurt & Crackers Fruit Slices & fresh fruit WG Corn Dog Baked beans Broccoli & Carrots w/dip Banana & Fruit Mix	22 Breakfast Pizza Fruit & Craisins Mini Cheese burger w/bun Baked Fries & Pickles Applesauce cup & Orange	23 Cereal & WG Toast Fruit & fruit cup Italian Dunkers Sauce Romaine & Snap Peas w/dip Pudding Grapes & Pears
26 Cereal & Crackers Fruit Juice & fruit Pepperoni Pizza Pocket Broccoli & Carrots Orange & Peaches	27 Breakfast Bagel Fruit Juice & fruit Chicken Burger wg bun Celery & Baby Potatoes Banana & Applesauce	28 Cheese & Egg Slider Fruit Juice & Fruit Crispito Chips Cucumbers w/dip Fruit mix & Pear Birthday Treat	Mid-Winter Break March 1st & 2nd Non student Days	March 2

Zillah Intermediate School

Washington School Nutrition
Programs
We serve Education everyday

Zillah School District is an equal
opportunity provider.
Please make checks payable to Zillah
Lunch Fund

We serve Whole Grain (WG) Breads
every week. Zillah SD does not buy
crackers or chips with Trans Fats. We
reserve the right to change the menu
when needed.

Menu prepared by Kathryn Bruhn
Food Services Programs
Supervisor, Dietary Manager

Breakfast Prices \$2.00
Reduced breakfast is no charge because
of a State Grant
Adult price \$2.25

Lunch \$ 2.75 Reduced .40
Adults 3.50 Milk .50
Breakfast and Lunches are served with
eight fluid ounces of 1% white or non-
fat chocolate milk.

