

ZILLAH MEALS



<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>
9 Cereal & Crackers Juice or fruit Chicken Nuggets Apple Muffin Cauliflower & Carrots -dip Orange & Pears	10 French Toast Sticks Juice or fruit Bean & cheese Burrito Snap peas & Celery Banana & Peach cup	11 Yogurt Smoothie crackers Fresh fruit Mini Cheese burger wg bun Pickle chips Baked Fries Apple & Fruit mix Cookie	12 Sausage Pup Fruit Juice or fruit WG Corn Dog Baked Beans Cucumber Sticks Applesauce & Grapes	13 Cereal & wg Toast Fresh Fruit & cup Turkey Sandwich chips Carrots & Broccoli w/dip Pear & Fruit Mix
16 Cereal & Crackers Fruit Juice or fruit Beef Nuggets Roll Green Beans Cauliflower -dip Orange & Peaches	17 Breakfast Bagel Fruit Juice or fruit Cheese Quesadilla Salsa Celery & Carrots-dip Banana & Applesauce	18 Yogurt & crackers Fruit cup /slices Chicken Burger wg bun Baby Baker potatoes Pickle Chips Applesauce Cup & Pear	19 Breakfast Pizza Fruit or raisins French Toast Sticks Sausage Patty Snap peas Broccoli Kiwi & Strawberries	20 Cereal & wg Toast Fresh Fruit & cup Italian Dunkers Sauce Romaine & Carrots -dip Apple & Pears
23 Cereal & Crackers Fruit Juice or fruit Pepperoni Pizza Romaine & Cauliflower dip Orange & Fruit cup Pudding	24 Breakfast Bagel Fruit Juice or fruit Sloppy Joe on wg bun Broccoli & Snap peas-dip Banana & Peaches	25 Egg & cheese Slider Fruit slices & fruit cup Hamburger w/wg bun Baby Baker Potatoes Pickles Apple & Pineapple	26 Sausage Pup Orange half or craisins Hot Dog wg bun Chili Carrots Grapes & Pears	27 Cereal & wg Toast Fresh Fruit & cup Pretzel W/Mac & Cheese Carrots & Celery-dip Pear & Fruit Mix Fruit Roll-up
30 Cereal & Crackers Fruit Juice or fruit Chicken Nuggets Roll Cauliflower & Carrots Apple & Peaches	May 1			

Zillah Intermediate School

Washington School Nutrition Programs
We serve education programs everyday

Zillah School District is an equal opportunity provider. Please make payment out to Zillah Lunch Fund.

Fresh Fruit and Fresh Vegetables are part of our daily Zillah Intermediate School Menu.
We serve whole grain (WG) breads. We purchase trans-fat free crackers and chips. We reserve the right to change the menu when needed. Menu prepared by Kathryn Bruhn, Food Services Programs Supervisor, Dietary Manager

Breakfast Prices \$2.00 Adult \$2.25
Reduced breakfast is no charge because of funds from a State Grant.
Lunch \$ 2.75 Reduced .40
Adults 3.50 Milk .50
Breakfast and Lunches are served with eight fluid ounces of white 1 % or chocolate non-fat milk.

