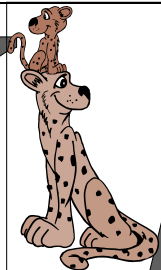


ZILLAH



Zillah Intermediate School

Washington School Nutrition Programs
We serve education programs everyday

Zillah School District is an equal opportunity provider and employer.

We give students a mix of proteins and carbohydrates to boost energy and keep them going thru the day. Fresh Fruit and Fresh Vegetables are part of our daily School Menu.



We serve 51 % whole grain breads every day. We don't purchase crackers or chips with trans-fats. We reserve the right to change the menu when needed.

Menu prepared by Kathryn Bruhn
Food Services Programs
Supervisor, Dietary Manager

Regular Breakfast Prices \$2.00
Adult \$2.25

Lunch Regular \$ 2.75 Reduced .40
Adults 3.50 Milk .50
Breakfast and Lunches are served with eight fluid ounces of 1% white or non-fat chocolate milk.



<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>
	Welcome Back Staff & Students	August 2017		
	All Staff Inservice		24 Cereal & wg Crackers Juice & fruit Pizza Pocket Snap Peas & Cucumbers Apple & Pineapple Pudding	26 Cereal & wg Crackers Juice & fruit Bean & Cheese burrito Chips Broccoli & Cauliflower/dip Fresh Fruit & Pears
28 Cereal & wg Crackers Juice & fruit Chicken Drumsticks Proball Carrots & Broccoli w/dip Orange & Applesauce	29 Cook's choice w/fruit & Milk Chili Wrap Snap peas & Cucumbers Fresh Fruit & Peaches Sherbert	30 Sausage patty & wg Toast Fresh fruit & cup Italian Dunkers Sauce Celery & Cauliflower/dip Banana & Fruit Salad	31 Breakfast Pizza Fresh fruit & cup Hamburger wg bun Baked Fries Pickle Chips Fresh Fruit & Pears	Sept 1 Cereal & wg Toast Fresh Fruit & Raisins Sub Sandwich wg bun Fish Crackers Romaine Salad & Carrots Apple & Peaches
Sept 4 Labor Day No School				