

Zillah School District

March Menu

Zillah High School

Washington School Nutrition Programs
We serve education programs everyday

Zillah School District is an equal opportunity provider.

Fresh Fruit and Fresh Vegetables are part of our daily Zillah High School Menu.

We serve whole grain (WG) breads. We purchase trans-fat free crackers and chips. We reserve the right to change the menu when needed. Menu prepared by Kathryn Bruhn, Food Services Programs Supervisor, Dietary Manager



Please make checks payable to Zillah Lunch Fund

Breakfast Prices \$2.00 Adult is \$2.50
Reduced breakfast is no charge because of funds from a State Grant.

Lunch \$ 3.00 Reduced .40
Adults 3.50 Milk .50

Breakfast and Lunches are served with eight fluid ounces of white 1 % or chocolate non-fat milk.



| <i>Mon</i> | <i>Tue</i> | <i>Wed</i> | <i>Thu</i> | <i>Fri</i> |
|---|--|--|--|--|
| 4 French Toast stix or PB Graham Fruit & Juice Chicken Nuggets Garlic Toast or Pizza Mashed Potatoes Apple & Pears Cookie | 5 Muffin or Chicken Slider Fruit/Juice WG Corn Dog Chips Or BBQ Pork Sandwich Baked Tater Tots Salad & Veggies Grapes & Applesauce | 6 Sausage & Egg Slider or Breakfast Bagel Fruit cup Chicken burger wg bun or Beef Burrito Chips Salad & Veggies Kiwi & Pineapple chunks | 7 Sausage pup Fruit or Banana Bread Fruit cup Nachos w/chili or Pizza Chips Salad & Veggies Applesauce Cup & Fruit Fruit Roll-up | 8 District Directed Work Day-Non Student day |
| 11 French Toast Stix or Egg Wrap Fruit & Juice Pepperoni Pizza or Polish Dog w/ chips Salad & Veggies Orange & Fruit mix Pudding | 12 Banana Bread or Ham Slider Fruit & Juice Beef Taco Bread Stick Or Hamburger Chips Spanish Rice Salad & Veggies Pear & Pineapple | 13 Yogurt & Granola or Breakfast Pizza Fruit/Juice BBQ Pork on bun Chips or Taco Quesadillas Salsa Chef Salad & Veggies Banana & Pears Ice Cream cup | 14 Sausage Egg Slider or Honey Bun Fruit cup Chicken Burger wg bun or Beef Burrito Baked Fries Salad & Veggies Fruit cup & Fresh Fruit | 15 Breakfast Pizza Fruit or Funnel Cake Fruit cup Italian Dunkers Sauce or Fish Wich Chips Salad & Veggies Orange & Peaches |
| 18 French Toast Stix or Pizza Bagel Fruit & Juice Chicken Nuggets Roll Mashed Potatoes or WG Corn Dog w/chips Salad & Veggies Apple & Peaches | 19 WG Donut or Chicken Slider Fruit & Juice Pepperoni Pizza or Beef Ravioli w/roll Salad & Veggies Orange & Peaches Ice Cream bar | 20 Yogurt & Granola or Honey bun Fruit/Juice Beef Steak Sandwich or Taquitos wg bun Chef Salad & Veggies Banana & Applesauce | 21 Sausage Egg Slider or Bagel w/cc Fruit cup Chicken Burger wg bun or Beef Taco Snack Chips Salad & Veggies Apple & Fruit salad Brownie | 22 Breakfast Burrito Or Churros fruit cup Fish sticks w/chips or Pretzel w/cheese cup Salad & Veggies Grapes & Pears |
| 25 French Toast Stix or Sausage Bagel Fruit & Juice Pepperoni Pizza or Hamburger W/chips Salad & Veggies Pudding Grapes & Fruit Mix | 26 Breakfast Pizza or Ham Slider Fruit & Juice Chicken Burger or Hot Dog wg bun Chili Chips Salad & Veggies Orange & Peaches | 27 Yogurt & Granola or Cinnamon roll Fruit/Juice Sub Sandwich w/Chips or Pizza Pocket Ice Cream cup Chef Salad & Veggies Banana & Applesauce | 28 Parent/Teacher Conferences  | 29 Parent/Teacher Conferences Spring Break April 1-5th  |