

Zillah School District

March Menu

Zillah High School

Washington School Nutrition Programs
We serve education programs everyday

Zillah School District is an equal opportunity provider.

Fresh Fruit and Fresh Vegetables are part of our daily Zillah High School Menu.

We serve whole grain (WG) breads. We purchase trans-fat free crackers and chips. We reserve the right to change the menu when needed. Menu prepared by Kathryn Bruhn, Food Services Programs Supervisor, Dietary Manager



Please make checks payable to Zillah Lunch Fund

Breakfast Prices \$2.00 Adult is \$2.50
Reduced breakfast is no charge because of funds from a State Grant.

Lunch \$ 3.00 Reduced .40
Adults 3.50 Milk .50

Breakfast and Lunches are served with eight fluid ounces of white 1 % or chocolate non-fat milk.



<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>
5 French Toast stix or PB Graham Fruit & Juice Chicken Nuggets Garlic Toast or Pizza Green Peas Mashed Potatoes Apple & Pears	6 Muffin or Chicken Slider Fruit/Juice WG Corn Dog Chips Or Italian Dunkers Sauce Golden Corn Grapes & Applesauce	7 District directed day Non Student Day 	8 Sausage & Egg biscuit or Breakfast Bagel Fruit cup Chicken burger wg bun Baked Fries or Pizza Pocket Carrots & Broccoli dip Kiwi & Pineapple chunks Cookie	9 Sausage pup Fruit or Banana Bread Fruit cup Nachos w/chili or Fish Sticks Chips Carrots & Cauliflower Applesauce Cup & Fresh Fruit
12 French Toast Stix or Egg Wrap Fruit & Juice Pepperoni Pizza or Polish Dog w/ chips Romaine & Carrot --dip Orange & Fruit mix Pudding	13 Banana Bread or Ham Slider Fruit & Juice Beef Taco or Taco Salad Or Spicy Chicken Burger Spanish Rice Salsa Pear & Pineapple	14 Yogurt & Granola or Breakfast Pizza Fruit/Juice BBQ Pork wg bun Chips or Taco Quesadilla Salsa Chef Salad & Broccoli Banana & Pears	15 Sausage Egg Biscuit or Honey Bun Fruit cup Chicken Burger wg bun or Beef Burrito Baked Fries Cukes w/dip Fruit cup & Fresh Fruit	16 Breakfast Pizza Fruit or Funnel Cake Fruit cup Italian Dunkers Sauce or Fish Wich Chips Celery & Carrots Orange & Peaches
19 French Toast Stix or Pizza Bagel Fruit & Juice Chicken Nuggets Roll Mashed Potatoes or WG Corn Dog w/chips Carrots & dip Apple & Peaches Sherbert	20 WG Donut or Chicken Slider Fruit & Juice Enchiladas or Cheese Quesadilla Salsa Broccoli & Cucumbers Orange & Peaches	21 Yogurt & Granola or Honey bun Fruit/Juice Chicken Teriyaki Rice bowl Bread stick or Pizza Golden Corn Chef Salad & Cauliflower Banana & Applesauce	22 Sausage Egg Biscuit or Bagel w/cc Fruit cup Chicken Burger wg bun or Taco Snack Baked Fries Celery sticks Apple & Fruit salad Pudding	23 Breakfast Burrito Or Churros fruit cup Fish sticks w/chips or Pretzel w/cheese cup Carrots & Cucumbers Grapes & Pears
26 French Toast Stix or Sausage Bagel Fruit & Juice Pepperoni Pizza or Hamburger W/chips Cookie Salad & Carrots Grapes & Fruit Mix	27 Breakfast Pizza or Ham Slider Fruit & Juice Hot Dog wg bun w/chili or Baked Potato Bar or Beef Burrito W/chips Broccoli & Cucumbers Orange & Peaches	28 Yogurt & Granola or Cinnamon roll Fruit/Juice Sub Sandwich w/Chips or Pizza Pocket Ice Cream cup Chef Salad & Cauliflower Banana & Applesauce	29 Parent/Teacher Conferences 	30 Parent/Teacher Conferences Spring Break March 31-April 8th

