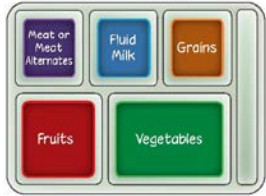




Build a Healthy Lunch



# Zillah Schools

## December Menu

Mon	Tue	Wed	Thu	Fri
<p><b>3</b> French Toast stix or Chorizo Burrito Juice</p> <p>Turkey Gravy w/potatoes Roll or Spicy Chix burger or Hamburger wg Bun Chips Carrots &amp; Cauliflower-dip Fruit Mix &amp; Orange</p>	<p><b>4</b> WG Honey Bun or Ham Egg/Slider Fruit &amp; Juice</p> <p>Beef Taco Bread Stick or Italian Dunkers w/sauce Salsa Carrots &amp; Snap Peas-dip Fresh Pear &amp; Applesauce</p>	<p><b>5</b> Yogurt &amp; Granola or WG Donut Fruit &amp; Juice</p> <p>Beef burrito or Hot Dog or Hamburger/bun chips Chef Salad &amp; Chili Banana &amp; Peaches</p>	<p><b>6</b> Breakfast Pizza or Biscuit w/egg Fruit</p> <p>Chicken burger/wg bun Chips or Egg Rolls w/rice Cucumbers &amp; dip Fresh Apple &amp; Pineapple Ice cream cup</p>	<p><b>7</b> Banana Bread or Bagel w/cc Fruit &amp; Fruit cup</p> <p>Pizza or Pretzel w/cheese or Hamburger wg bun Chips Broccoli &amp; Cauliflower/dip Orange &amp; Fruit Mix Jello</p>
<p><b>10</b> WG Donut Bar or French tst Sticks Juice</p> <p>Pepperoni Pizza or Polish Dog Chips Pudding Orange &amp; Pears Apple Muffin</p>	<p><b>11</b> UBR Cookie or Ham Egg Slider Juice &amp; Fruit</p> <p>Chicken Burger or Taco Quesadilla Chips Golden Corn Carrots &amp; Broccoli-dip Fresh Apple &amp; Fruit Mix</p>	<p><b>12</b> Yogurt &amp; Granola or WG Honey Bun &amp; fruit</p> <p>WG Corn Dog Baked tots or Chicken BBQ wg bun Chef Salad Celery-dip Banana &amp; Pineapple Ice Cream cup</p>	<p><b>13</b> Banana Bread or Biscuit w/egg Fruit</p> <p>Italian Dunkers sauce or Beef &amp; Cheese Burrito Romaine Snap Peas-dip Fresh Pear &amp; Peaches</p>	<p><b>14</b> Funnel Cake or Bagel w/cc Fruit &amp; Fruit cup</p> <p>Pizza Pocket or Turkey Sub Sandwich Chips Tomato Soup Salad &amp; Cauliflower Fresh Fruit &amp; Fruit Mix</p>
<p><b>Happy Holidays !</b> <b>School is out on</b> <b>December 15<sup>th</sup> and</b> <b>resumes January 2<sup>rd</sup></b></p>		<p><b>Jan 2</b> Yogurt &amp; Granola or Banana Bread Juice</p> <p>Pepperoni Pizza or Polish Dog W/chips Broccoli &amp; Carrots w/ dip Fresh Apple &amp; Peaches Pudding</p>	<p><b>Jan 3</b> Honey Bun or Biscuit w/egg &amp; Fruit cup</p> <p>Spicy Chicken Burger or Taco Quesadilla Baked Fries Veggies Banana &amp; Pears</p>	<p><b>Jan 4</b> Breakfast Pizza or UBR Cookie Fruit &amp; cup</p> <p>WG Corn Dog or Hamburger wg bun w/Chips Lettuce &amp; Snap Peas Orange &amp; Fruit cup Cookie</p>
				

**Zillah High School**  
Washington School Nutrition  
Programs  
We Serve education  
Programs everyday

Zillah School District is an equal opportunity provider. Please make checks to Zillah Lunch Fund.

Fresh Fruit and Fresh Vegetables are part of our weekly Zillah High School Menu. Hamburgers are served almost everyday.

We serve Whole Grain (WG) Breads everyday. Zillah SD does not buy crackers or chips with Trans Fats. We reserve the right to change the menu when needed.

Menu prepared by Kathryn Bruhn  
Food Services Programs  
Supervisor, Dietary Manager

Breakfast Prices \$2.00  
Reduced breakfast is no charge  
Adult price \$2.25

Lunch \$ 3.00 Reduced .40  
Adults 3.50 Milk .50  
Breakfast and Lunches are served with eight fluid ounces of 1% white or non-fat chocolate milk.

