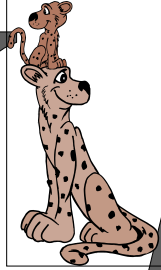


# ZILLAH



## Zillah High School

Washington School Nutrition Programs  
We serve education programs everyday

Zillah School District is an equal opportunity provider and employer.



We give students a mix of proteins and carbohydrates to boost energy and keep them going thru the day. Fresh Fruit and Fresh Vegetables are part of our daily School Menu.

We serve whole grain breads everyday. We don't purchase crackers or chips with trans-fats. We reserve the right to change the menu when needed. Menu prepared by Kathryn Bruhn  
Food Services Programs Supervisor, Dietary Manager

Regular Breakfast price \$2.00  
Reduced Breakfast price \$0.00 because of a State Grant to cover these.  
Adult \$2.50

Lunch Regular \$ 3.00 Reduced .40  
Adults 3.75 Milk .50  
Breakfast and Lunches are served with eight fluid ounces of 1% white or non-fat chocolate milk.



<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>
	<p>Welcome Back Staff &amp; Students</p>	<p><b>August 2018</b></p>		<p>For Breakfast and Lunch money, make your check out to Zillah Lunch Fund.</p>
<p><b>All Staff InService</b></p>		<p>22 Cereal &amp; Crackers Fruit &amp; Juice</p> <p>Pepperoni Pizza or Polish Dog Sport Cookie Carrots &amp; Cucumbers-dip Orange &amp; Pears</p>	<p>23 Cook's choice Fresh Fruit &amp; Juice</p> <p>Taco Quesadilla or Hamburger w/ Fries Romaine salad &amp; Cauliflower Fruit salad</p>	<p>24 Cook's choice Fresh Fruit &amp; Juice</p> <p>WG Corn Dog or Beef Burrito Chips Carrot Sticks &amp; Snap Peas-dip Apple &amp; Peaches</p>
<p>27 WG Donut Bar or French toast sticks fruit Juice &amp; fruit cup</p> <p>Chicken Drumstick Roll Potato Salad or Pizza Carrots &amp; Broccoli w/dip Pear &amp; Applesauce</p>	<p>28 Sausage Pup or Ham Slider Fresh Fruit &amp; juice</p> <p>Hot Dog wg bun Chili or Mini Cheese Burgers Chips Carrots &amp; Pickle Fruit Cup or Orange</p>	<p>29 Yogurt &amp; granola or Churros Fruit Juice &amp; Fruit</p> <p>Italian dunker w/Sauce or PB &amp; Jelly Sandwich Chef Salad &amp; Cauliflower w/ranch dressing Banana &amp; Pineapple</p>	<p>30 Breakfast Pizza or Sausage biscuit Fresh fruit &amp; fruit cup</p> <p>Chicken or Hamburger w/ bun Baked Fries Cauliflower &amp; dip Grapes &amp; Fruit Mix</p>	<p>31 Bagel w/cc or Banana bread Fresh fruit &amp; fruit cup</p> <p>Nachos w/cheese Chili or Chix Taco Quesadilla Chips Romaine &amp; Cucumbers Apple or Peaches Sherbert</p>
<p><b>Sept 3 Labor day No School</b></p>				