



October Menu

Zillah Schools



Hilton Elementary School

Washington School Nutrition Programs

We serve education programs everyday

ZSD is an equal opportunity provider.

Fresh Fruit and Fresh Vegetables are part of our weekly School Menu. We serve Whole Grain (WG) Breads everyday. Zillah SD does not buy crackers or chips with Trans Fats. We reserve the right to change the menu when needed.

Menu prepared by Kathryn Bruhn
Food Services Programs Supervisor

Student Regular Breakfast Prices \$2.00
Reduced breakfast is no charge
Adult Price \$2.25

Regular Lunch \$ 3.00 Reduced .40
Adults 4.00 Milk .50
Breakfast and Lunches are served with eight fluid ounces of 1% white or non-fat chocolate milk.

<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>
<p>Sept 30 Cinnamon Toast Cereal & crackers Fruit & Juice</p> <p>Pizza Pocket Pudding Carrots & Broccoli/dip Fresh Orange</p>	<p>1 Breakfast Pizza Raisins & Juice</p> <p>Beef Taco Snack Bean Salsa Corn on cob Whole Pear</p>	<p>2 Yogurt & Crackers Fresh Fruit & slices</p> <p>Teriyaki Chicken burgers Celery sticks/dip Baby Potatoes Whole Banana</p>	<p>3 Pancakes & Fruit cup Fresh Fruit</p> <p>Hot Dog – wg bun Snap Peas/Broccoli/dip Whole Apple</p>	<p>4 Trix Cereal & wg Toast Fresh Fruit & Craisins</p> <p>Turkey Sandwich Chips Carrots & Cucumbers-dip Fruit cup</p>
<p>7 Fruity Cheerios Cereal & crackers Fruit & Juice</p> <p>Italian Dunkers Sauce Romaine & Carrots Fresh Orange</p>	<p>8 Sausage Pup Fresh Fruit & Juice</p> <p>Bean Burrito Sport Cookie Bean Salsa & Snap peas-dip Applesauce cup</p>	<p>9 Yogurt & Crackers Fresh Fruit & slices</p> <p>Pretzel w/cheese Carrots & Broccoli-dip Whole Banana</p>	<p>10 Egg Wrap Fresh Fruit & Raisins</p> <p>Chicken burger wg bun Potato Smiles & Pickles Whole Apple</p>	<p>11 State Inservice for Teachers No Students</p>
<p>14 Lucky Charm Cereal & Crackers Fruit & Juice</p> <p>Chicken Nuggets Cracker Carrots & Broccoli-dip Fresh Orange</p>	<p>15 Breakfast Pizza Craisins & Juice</p> <p>WG Corn Dog Corn on Cob Cucumbers-dip Whole Apple Pudding</p>	<p>16 French Toast Sticks Fresh Fruit & slices</p> <p>Waffles & Sausage link Celery Sticks/Snap Peas Whole Banana</p>	<p>17 Sausage Pup Fresh Fruit & Fruit cup</p> <p>Hamburger WG bun Baby Potato & dip Pickle Chips Nectarine</p>	<p>18 Fruity Cereal wg Toast Fresh Fruit & Fruit cup</p> <p>Turkey Ham Sandwich Chips Broccoli & Carrots- dip Fresh Pear</p>
<p>21 Cinnamon toast cereal & Crackers fruit & juice</p> <p>Beef Nuggets Carrots & Cauliflower-dip Fresh Orange Cheesy crackers</p>	<p>22 Breakfast Bagel Fruit & Juice</p> <p>Chicken Burger wg bun Snap Peas w/dip Pickle chips Whole Banana</p>	<p>23 Egg Wrap Raisins & Fruit slices</p> <p>Bean Burrito Chips Bean Salsa Carrots & dip Applesauce cup</p>	<p>24 Parent/Teacher Conferences Non Student Day</p>	<p>25 Parent/Teacher Conferences Non Student Day</p> 