


# ZILLAH MEALS



## Hilton Elementary School

Washington School Nutrition Programs  
We serve education programs everyday


**Zillah School District is an equal opportunity provider and employer.**

We give students a mix of proteins and carbohydrates to boost energy and keep them going thru the day. Fresh Fruit and Fresh Vegetables are part of our daily Hilton Elementary School Menu. We serve whole grain breads everyday. We don't purchase crackers or chips with trans-fats. We reserve the right to change the menu when needed. Menu prepared by Kathryn Bruhn  
Food Services Programs Supervisor, Dietary Manager

Regular Breakfast Prices \$2.00  
Adult \$2.25

Lunch Regular \$ 2.75 Reduced .40  
Adults 3.50 Milk .50  
Breakfast and Lunches are served with eight fluid ounces of 1% white or non-fat chocolate milk.



<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>
	<b>1</b> French toast sticks Fruit Juice or Fruit  Hot Dog Wg bun Romaine & Carrots-Dip Banana	<b>2</b> Sausage Pup Fruit Juice or fruit  Chicken Burger wg bun Pickle Chips Baby baker potatoes Pear	<b>3</b> Breakfast Bagel Fruit or fruit cup  Bean & Cheese burrito Bean Salsa Corn on cob Apple	<b>4</b> Cereal & wg Toast Fruit Juice or Raisins  Pretzel w/Cheese Snap Peas & Celery/Dip Fruit Combo Fruit Roll-up
<b>7</b> Cereal & wg Crackers Fruit Juice or Fruit  Pizza Pocket Pudding Carrots & Cauliflower w/dip Orange	<b>8</b> Breakfast Pizza w/strawberries/Fruit Juice  WG Corn Dog Snap Peas & Cucumber w/dip Banana Cookie	<b>9</b> Yogurt & Crackers Pear slices or cup  Italian Dunkers Sauce Celery & Broccoli /dip Peach Cup	<b>10</b> Egg Slider Fruit Juice or Raisins  Mini Hamburger w/wg bun Baby Potatoes Pickle Spear Apple	<b>11</b> Cereal & wg Toast Fresh Fruit or cup  Turkey Sandwich chips Cherry Tomatoes & Carrots w/dip Peach
<b>14</b> Cereal & wg Crackers Fruit Juice or Fruit  Chicken Nuggets Crackers Cauliflower & Carrots-Dip Orange	<b>15</b> Sausage Pup Fruit Juice or Fruit  Bean & Cheese Burrito Bean Salsa & Cherry tomatoes Cucumbers Banana Crackers	<b>16</b> Yogurt & Crackers Peach Slices or cup  Waffles & Sausage Link Broccoli & Snap Peas w/dip Applesauce cup	<b>17</b> Blue Berry Muffin Fresh Fruit or cup  Chicken burger wg bun Pickle Chips Baby Potatoes Apple	<b>18</b> Cereal & wg Toast Fruit Juice or Raisins  Cheese Quesadilla Celery & Carrots w/dip Pear Sport Cookie
<b>21</b> Cereal & wg Crackers Fruit Juice or Fruit  Pizza Pocket Pudding Carrots & Cauliflower w/dip Orange	<b>22</b> French Toast Sticks Fruit Juice or Fruit  Hot Dog Wg bun Chips Celery Sticks & Snap Peas Banana	<b>23</b> Sausage Link & toast Strawberries or Fruit  Italian Dunkers Sauce Romaine & Cucumbers-dip Applesauce cup	<b>24</b> Egg Slider Fruit Juice or Raisins  Hamburger wg bun Pickle chips Potato Smiles Pear	<b>25</b> Cereal & wg Toast Fresh Fruit or cup  Bean & cheese burrito Bean Salsa & Carrots Apple
<b>28 Memorial Day No School</b>		<b>29-30-31 on June menu</b>		