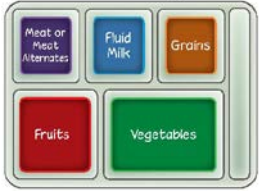




Build a Healthy Lunch



# Zillah Schools

## December Menu

<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>
<b>Nov 26 No School</b>	<b>Nov 27</b>	<b>Nov 28</b>	<b>Nov 29</b>	<b>Nov 30</b>
<b>3</b> Lucky charms Cereal & Crackers Fruit & Juice  Chicken Nuggets Sport Cookies Romaine & Carrots-dip Orange	<b>4</b> French Toast Sticks Fresh Fruit & Juice  Italian Dunkers Sauce Cauliflower & Celery-dip Fresh Pear	<b>5</b> Yogurt & crackers Pears & Raisins  Hamburger wg /bun Baby Baker Potato & Pickles Dip Banana	<b>6</b> Breakfast Pizza Fresh Fruit & Fruit cup  Chicken Drumstick Crackers Carrots & Broccoli-dip Fresh Apple	<b>7</b> Trix Cereal & wg Toast Fruit & Fruit Cup  Pretzel w/ cheese cup Snap Peas & Cucumbers-dip Fruit cup
<b>10</b> Cocoa Puff Cereal & Crackers Fruit & Juice  Pizza Pocket Pudding Carrots & Celery sticks-dip Orange	<b>11</b> Breakfast Bagel Fresh Fruit & Juice  WG Corn Dog Chips Carrots & Broccoli-dip Fresh Apple	<b>12</b> Egg Wrap Fruit Slices & Fresh Fruit  Chicken Burger wg bun Corn on the Cob Pickle chips Banana	<b>13</b> Sausage Pup Strawberries/Fresh Fruit  Bean & cheese Burrito Bean Salsa & Carrots Fruit cup	<b>14</b> Cinnamon Toast Cereal & wg Toast Fruit & raisins  Hamburger wg bun Chip Snap Peas & Cukes-dip Fresh Fruit Cookie
<b>17</b> Happy Holidays ! School is out on December 17th and resumes January 2nd		<b>Jan 2</b> Cereal & crackers Fruit & Juice  Pizza Pocket Carrots & Broccoli – dip Orange Fruit Roll-up	<b>Jan 3</b> Sausage pup Fruit & Fruit cup  WG Corn Dog Chips Carrots & Cauliflower/dip Pear	<b>Jan 4</b> Lucky charms Cereal & Crackers Fruit cup/fruit  Cheese Quesadilla Snap Peas & Cherry Tomatoes Apple
				

**Hilton Elementary School**  
**Washington School Nutrition**  
**Programs**  
 We serve education  
 Programs everyday

Zillah School District is an equal opportunity provider. Make checks payable to Zillah Lunch fund.

Fresh Fruit and Fresh Vegetables are part of our weekly Hilton Elementary School Menu.

We serve Whole Grain (WG) Breads everyday. Zillah SD does not buy crackers or chips with Trans Fats. We reserve the right to change the menu when needed.

Menu prepared by Kathryn Bruhn  
 Food Services Programs  
 Supervisor, Dietary Manager

Breakfast Prices \$2.00  
 Reduced breakfast is no charge  
 Adult price \$2.25

Lunch \$ 2.85 Reduced .40  
 Adults 3.50 Milk .50  
 Breakfast and Lunches are served with eight fluid ounces of 1% white or non-fat chocolate milk.

